



HUMAN GROWTH AND DEVELOPMENT EDUCATION PROGRAM

PARENT HANDBOOK

GRADES 3 – 8

Tempe School District No. 3
3205 South Rural Road
Tempe, Arizona 85282

Updated June 2014

Tempe School District No. 3

GOVERNING BOARD

Rochelle Wells
Teresa Devine
Evan Rogers
Jim Lemmon
Patrick Morales

Christine Busch
Superintendent

Tempe School District No. 3
**HUMAN GROWTH AND DEVELOPMENT EDUCATION
PROGRAM**

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Preface

Historically, parents and guardians have played the major role in educating their children about sexual matters, including understanding their bodies, puberty, and what is appropriate and responsible sexual behavior. In today's world, sexual implications and misconceptions found in all types of media and the internet put pressure on children to act inappropriately, which can compromise their physical, mental, and social health. Thus, the school becomes an important partner with parents and guardians to provide basic information about healthy human development and skills to avoid sexual exploitation. Quality sexual health education and parental guidance will equip our children with the knowledge and skills to make safe and healthy decisions, enabling them to focus on academic success.

The Tempe Elementary School District's Human Growth and Development Committee (consisting of teachers, counselors, nurses, parents, community members, and district staff) has reviewed numerous curricula, resource materials, and media to update the Human Growth and Development Program for grades three through eight. It was recommended and approved by the Tempe School District No.3 Governing Board to revise the curriculum in grades three through five and adopt a national curriculum, *Choosing the Best*, for grades six through eight. Teachers and staff will present the Human Growth and Development Program in a quality manner that promotes open communication between children and parents. Support and implementation of these programs by teachers and parents will encourage healthy, responsible decision-making and significantly benefit the children attending Tempe School District No.3.

Tempe School District No.3 Human Growth and Development Committee
October 2010

STATE BOARD RULE
R-7-2-303 SEX EDUCATION

R7-2-303. Sex education

- A. Instruction in sex education in the public schools of Arizona shall be offered only in conformity with the following requirements.
1. Common schools: Nature of instruction; approval; format.
 - a. Supplemental/elective nature of instruction. The common schools of Arizona may provide a specific elective lesson or lessons concerning sex education as a supplement to the health course of study.
 - i. This supplement may only be taken by the student at the written request of the student's parent or guardian.
 - ii. Alternative elective lessons from the state-adopted optional subjects shall be provided for students who do not enroll in elective sex education.
 - iii. Elective sex education lessons shall not exceed the equivalent of one class period per day for 1/8 of the school year for grades K-4.
 - iv. Elective sex education lessons shall not exceed the equivalent of one class period per day for 1/4 of the school year for grades 5-8.
 - b. Local governing board approval. All elective sex education lessons to be offered shall first be approved by the local governing board.
 - i. Each local governing board contemplating the offering of elective sex education shall establish an advisory committee with membership representative of district size and the racial and ethnic composition of the community to assist in the development of lessons and advise the local governing board on an ongoing basis.
 - ii. The local governing board shall review the total instructional materials for lessons presented for approval.
 - iii. The local governing board shall publicize and hold at least two public hearings for the purpose of receiving public input at least one week prior to the local governing board meeting at which the elective sex education lessons will be considered for approval.
 - iv. The local governing board shall maintain for viewing by the public the total instructional materials to be used in approved elective sex education lessons within the district.
 - c. Format of instruction.
 - i. Lessons shall be taught to boys and girls separately.
 - ii. Lessons shall be ungraded, require no homework, and any evaluation administered for the purpose of self-analysis shall not be retained or recorded by the school or the teacher in any form.
 - iii. Lessons shall not include tests, psychological inventories, surveys, or examinations containing any questions about the student's or his parents' personal beliefs or practices in sex, family life, morality, values or religion.

2. High schools: Course offering; approval; format.
 - a. A course in sex education may be provided in the high schools of Arizona.
 - b. The local governing board shall review the total instructional materials and approve all lessons in the course of study to be offered in sex education.
 - c. Lessons shall not include tests, psychological inventories, surveys, or examinations containing any questions about the student's or his parents' personal beliefs or practices in sex, family life, morality, values or religion.
 - d. Local governing boards shall maintain for viewing by the public the total instructional materials to be used in all sex education courses to be offered in high schools within the district.
3. Content of instruction: Common schools and high schools.
 - a. All sex education materials and instruction shall be age appropriate, recognize the needs of exceptional students, meet the needs of the district, recognize local community standards and sensitivities, shall not include the teaching of abnormal, deviate, or unusual sexual acts and practices, and shall include the following:
 - i. Emphasis upon the power of individuals to control their own personal behavior. Pupils shall be encouraged to base their actions on reasoning, self-discipline, sense of responsibility, self-control and ethical considerations such as respect for self and others; and
 - ii. Instruction on how to say "no" to unwanted sexual advances and to resist negative peer pressure. Pupils shall be taught that it is wrong to take advantage of, or to exploit, another person.
 - b. All sex education materials and instruction which discuss sexual intercourse shall:
 - i. Stress that pupils should abstain from sexual intercourse until they are mature adults;
 - ii. Emphasize that abstinence from sexual intercourse is the only method for avoiding pregnancy that is 100% effective;
 - iii. Stress that sexually transmitted diseases have severe consequences and constitute a serious and widespread public health problem;
 - iv. Include a discussion of the possible emotional and psychological consequences of preadolescent and adolescent sexual intercourse and the consequences of preadolescent and adolescent pregnancy;
 - v. Promote honor and respect for monogamous heterosexual marriage; and
 - vi. Advise pupils of Arizona law pertaining to the financial responsibilities of parenting, and legal liabilities related to sexual intercourse with a minor.
- B. Certification of compliance. All districts offering a local governing board-approved sex education course or lesson shall certify, under the notarized signature of both the president of the local governing board and the chief administrator of the school district, compliance with this rule except as specified in subsection (C). Acknowledgment of receipt of the compliance certification from the State Board of Education is required as a prerequisite to the initiation of instruction. Certification of compliance shall be in a format and with such particulars as shall be specified by the Department of Education.
- C. All districts offering State Board approved sex education lessons or courses prior to the effective date of this rule shall comply with this rule on or before June 30, 1990.

INTRODUCTION

A committee of teachers, counselors, nurses, parents, community members, and district staff was appointed to update Tempe School District's Human Growth and Development Program. The updated curriculum includes lessons in the following areas: human growth and development, disease prevention, and decision-making/personal safety. The committee for this curriculum feels that through the cooperative efforts of the home and the school in teaching these important topics, our children will develop positive attitudes about themselves and that these lessons will provide the skills and knowledge that they need as they mature.

The *Parent Handbook* has been prepared to give an overview of the Human Growth and Development curriculum in third through eighth grade and to provide parents with a summary of the lessons to be taught at each grade level. Parents are encouraged to have discussions with their children at home at the same time these lessons are being taught in the classroom.

Information for Parents

Sexual Health

When discussing matters of sexual health with children, honesty and accuracy are important. Children learn of this subject in various ways. They may get misconceptions from friends or from the media. They may bring home offensive language, questionable stories, and blunt questions about sex. These questions should be answered in a straightforward manner. To answer questions accurately, it is best to teach sexual health education by using correct, respectful language and factual information. That can be obtained from your family doctor or reliable web site such as the Centers of Disease Control and Prevention website is <http://www.cdc.gov>.

Finding the right time to talk about sexual health is hard! Usually, responding to a child's question is a good time to begin such a discussion. However, if your child does not ask a question, you could watch for a "teaching moment" such as the birth of a baby in your home or that of a friend. Perhaps the most important message that you can give to your child is that you welcome his or her questions. If you can't answer a question you could say, "Let's look it up together." Then do it.

During these discussions, parents will have an opportunity to teach their values. Only parents can tell their children about their family values concerning sexual health. This is also an opportunity to establish better communication and a more loving relationship between a parent and child. Listening carefully to the child is important. You do not need to give the child all the details at one time. By listening, you can usually determine how much you should say. The child's own pace is usually the best indicator of how and when to proceed. Ideally, a parent will have a number of talks with a child as he or she is growing up.

Safety Tips for Children and Parents

An area of great concern is safety for our children from abduction, abuse, violence, and sexual exploitation. Each year thousands of children in the United States disappear and many more are abused and subjected to violence. This information is not intended to alarm, but to inform, because through knowledge, we can combat the problem of missing and exploited children. The learning and sharing should take place in a calm and caring atmosphere so that children are reassured rather than frightened. National Center for Missing & Exploited Children is a helpful resource to educate and inform parents and guardians about preventive measures to keep child(ren) safer. The website is www.missingkids.com.

OVERVIEW OF PROGRAM GRADE LEVEL LESSONS (3 - 8)

GRADE THREE

LESSON 1 Human Growth & Development

All About the Human Life Cycle. The human life cycle repeats itself in stages: birth, infancy, childhood, adolescence, and adulthood.

Media *All About the Human Life Cycle* (23 minutes)

Students will learn about all the stages that we go through as we grow: birth, infancy, childhood, adolescence and adulthood. The concept of a cycle is stressed, making it clear that the cycle of life repeats again and again with each new baby that is born.

Activity Create a “family portrait” in words, illustrations, and a timeline or graphic organizer to show which stages of the human life cycle that the members of their family and extended family belong.

LESSON 2 Disease Prevention

Students will learn about ways people can reduce worry and fear, ways prevent the spreading of germs from colds and flu, careful ways to prevent HIV/AIDS virus.

Media *PowerPoint presentation – Animals To The Rescue! Teaching Kids About HIV and AIDS* (New York State Department of Health)

This PowerPoint presentation provides basic information about HIV and AIDS in an entertaining format of a cartoon strip.

Activity A classroom activity is at the end of the PowerPoint presentation where students can find hidden message, rebus puzzle, and identifying a safe and healthy things from a picture.

LESSON 3 Personal Safety/Decision Making

Students will learn the importance of how to stay safe around strangers, staying safe while they are surfing on the Internet, how to identify who is a trusted adult, staying away from weapons, how to seek help and communicating with a trusted adult when they feel frightened, confused, or uncomfortable.

Media *Staying Safe: Strangers, Cyberspace & More* (23 minutes)

This film will allow students to learn the rules to follow when they are dealing with other people in the neighborhood, at home and on the Internet, practical ways to avoid danger, and safety rules to follow. Sensitive topics are explained in ways they can understand and it reinforces the importance of communicating with a trusted adults. Schlessinger Media

Activity Scruff’s Gun Safety Rules puzzle
McGruff’s tips on how to Take A Bite Of Crime online
McGruff’s Internet Safety Pledge
If You Find a Gun

GRADE FOUR

LESSON 1 Human Growth & Development

What Can We Expect When Puberty Begins? This lesson will help students understand the physical and emotional changes that will occur during puberty. Boys and girls will be reassured that they will be experiencing a normal part of growing up.

Media *Let's Talk Puberty for Boys* (11 minutes)

“What happens to a boy’s body during puberty? How should a boy take care of his changing body and stay healthy? Using gentle humor and appealing animations, this series describes the physical and emotional changes that occur during puberty. Developed with the support of Lynda Madaras, award-winning author and leading authority on the subject, *Let's Talk Puberty's* accessible, matter-of-fact tone will reassure boys and girls that they are experiencing a normal part of growing up.” Disney Educational Productions

Let's Talk Puberty for Girls (14 minutes)

“What happens to a girl’s body during puberty? What is menstruation? How should a girl take care of her changing body and stay healthy? Using gentle humor and appealing animations, this series describes the physical and emotional changes that occur during puberty. Developed with the support of an award-winning author Lynda Madaras, and leading authority on the subject, *Let's Talk Puberty's* accessible, matter-of-fact tone will reassure boys and girls that they are experiencing a normal part of growing up.” Disney Educational Productions

Activity How Much Do You Know? True/False worksheet

LESSON 2 Disease Prevention

This lesson is about everyday precautions that can help students stay healthy. They will learn how germs travel from person to person, what to do when someone gets a cut, scrape or a nosebleed, how to identify dangerous behaviors that may spread blood borne disease, and the importance of hand washing.

Media *Blood Borne Pathogens and Other Germs* (10:22 minutes)

“This thoughtful program will help younger students protect themselves and their friends from communicable diseases. Focusing on the school setting, the program teaches everyday precautions to prevent transmission of pathogens, especially those carried by blood and other body fluids. Students will learn how germs travel from one person to another, what to do when someone is bleeding, and how teachers and school nurses can help. The value of hand washing in preventing the spread of illness is also stressed.” Marsh Media DVD

Activity Blood Borne Pathogens and Other Germs Jeopardy Game

GRADE FOUR (continued)

LESSON 3 Personal Safety/Decision Making

Student will learn about how to be able to respond promptly and predictably to safeguard themselves and others, know the rules of gun safety, physical safety, Internet safety, drug safety, and know how to get away from the danger.

Media *Safety: Out of the Danger Zone* (15:29 minutes)

“During a rainy afternoon, three youngsters with the help of Grandpa discover an old mystery game in a cabinet. This game “Out of the Danger Zone” presents scenarios that test each child’s ability to handle dangerous situations: weapon safety, physical safety, Internet safety, and drug safety. As each situation unfolds, players are reminded to be aware of their environment at all times, to recognize the danger in certain situations, and to respond in two steps: Get away from the danger; Tell an adult. With the repetition of these two steps, the game shows students how to respond confidently when their personal safety is at risk.” Marsh Media

Activity Out of Danger Zone puzzle

GRADE FIVE

LESSON 1 Human Growth & Development – Girls

Students will learn about the female reproductive system, parts of the female body and the physical changes that take place at puberty. Students will also learn some of the ways girls grow and mature during puberty and adolescence.

Media *Just Around the Corner- For Girls* (13:52 minutes)

“A self-assured teenage girl named Megan talks to younger elementary students about puberty and the changes that lie, “just around the corner.” With the assistance of whimsical animated figures, Megan explains the onset of puberty, the physical transformation that puberty brings, the maturation of the female reproductive system, menstruation, the emotional ups and downs of puberty, and the importance of good hygiene and healthy habits. This upbeat program presents a positive attitude toward the changes ahead.” Marsh Media

Activity Understanding Puberty for Girls crossword puzzle

LESSON 1 Human Growth & Development – Boys

Students will learn about: the male reproductive system, parts of the male body and the physical changes that take place at puberty. Students will also learn some of the ways boys grow and mature during puberty and adolescence.

Media *Just Around the Corner- For Boys* (9:47 minutes)

“An easy going teenager named Todd helps prepare younger elementary level boys for the momentous changes of puberty. With the aid of light hearted animated figures, Todd explains the onset of puberty, physical alterations that puberty brings, the maturation of the male reproductive system, and other common experiences, such as voice change, moodiness, and feelings of awkwardness. Todd also stresses the importance of good hygiene and healthy habits during this exciting time of growth and development.” Marsh Media

Activity Understanding Puberty for Boys crossword puzzle

LESSON 2 Disease Prevention

Student will learn about how diseases are spread and how the immune system works to help our bodies fight off those diseases.

Media *Blood vs Germs: News You Can Use* (15 minutes)

“How are germs and diseases spread? That’s just what these middle school students are trying to uncover for their next science report. After the kids meet an uncle with Hepatitis C they realize that the way the body works is a lot like a video game. In gathering information for their report, students find out how diseases are spread and how the immune system works to fight off those diseases.” Marsh Media

Activity Blood vs. Germs: News You Can Use fill in the missing words puzzle

GRADE FIVE (continued)

LESSON 3 Personal Safety/Decision Making

Students will:

- Understand that they will likely face certain risks on the Internet, and they should be prepared to deal with these risks;
- Recognize that face-to-face communication with a friend is a much more effective way to solve a problem than using the Internet;
- Recognize the negative consequences that can result from online bullying or harassment;
- Understand that their online activities can be traced by the authorities;
- Realize they can avoid online sexual predators, have fun, and stay safe online;
- Use the 12 simple rules presented in the program as a guide to Internet safety.

Media *Think Before You Click: Playing It Safe Online (23 minutes)*

Internet is a fun and exciting place for young teens to keep in touch with friends, play games, do research for school projects but there is potential for them to be abused in ways that they may have not considered. This film explores online bullying, identity theft, real threat and sexual predators. It also helps teens to learn the important rules and strategies to how to stay safe while surfing the Internet. Human Relations Media

Activity Pre/Post Test

Take home sheet on The 12 rules of Cyber Safety

GRADE SIX

Day 1 Human Growth & Development - Boys/Girls

Lesson Puberty, The Great Adventure

Students will learn what is happening to them during puberty and that not everyone enters puberty at the same time.

Media *Puberty, The Great Adventure for Guys and Girls* (32 minutes)

“Using attention-grabbing MTV style, students learn about the great adventure they’re now facing during puberty. Shot on location at a racially mixed junior/senior high school, honest, yet tasteful interviews with puberty-aged teens relate the struggles and concerns this age group faces during this time. Experts clearly explain the changes. From physical body changes to hygiene, and emotions to myths, it’s all addressed in this series.” World Education Media

Day 2 Choosing The Best WAY - Deciding on Your Future

Lesson Students will:

- hear young teens discuss decisions-making;
- learn the decision-making process and practice it;
- discover the value of goal setting and set personal goals;
- discuss the character trait of determination and how it relates to goals.

Media Video Segment 1: “Decisions, Decisions, Decision” (3 minutes)

Day 3 Choosing The Best WAY - Avoiding Unhealthy Relationships

Lesson Students will:

- learn about unhealthy relationships as four teens tell their stories;
- learn how to prevent sexual abuse;
- identify emotional needs;
- discover ways to build self-esteem;
- discuss the character trait of self-respect.

Media Video Segment 3: “Four Teens Tell Their Stories” (5 minutes)

GRADE SIX (continued)

Day 4 Choosing The Best WAY - Identifying the Risks

Lesson Student will:

- listen to three teens describe the consequences of risky sexual choices;
- discover the facts about teen pregnancy;
- consider the emotional risks of teen sex;
- learn about sexually transmitted diseases;
- discuss the character trait of compassion.

Media Video Segment 4: "Identifying the Risks" (3 minutes)

Day 5 Choosing The Best WAY - Choosing the Best WAY

Lesson Student will:

- listen to other teens talk about why they choose sexual abstinence;
- discover why abstinence is the best WAY;
- find out the facts about "safe sex";
- decide how to respond to the Choosing Abstinence Pledge;
- discuss the character trait of making healthy choices.

Media Video Segment 5: "Choosing Abstinence Until Marriage" (4 minutes)

Day 6 Choosing The Best WAY - Learning How to Say "NO"

Lesson Student will:

- hear from teens who are abstinent;
- review information about alcohol;
- learn how to set personal boundaries;
- practice how to respond to peer pressure;
- discover how to be assertive;
- test their newly learned skill;
- discuss the character trait of courage.

Media Video Segment 6: "Taking A Stand" (2 minutes)

GRADE SEVEN

Day 1 **Choosing The Best PATH - Sex: Everybody's Talking About It**

Lesson Students will:

- hear teenagers discuss sexuality;
- identify the risks of being sexually active;
- learn about the possible negative emotional consequences of premarital sexual activity;
- participating in activities that illustrate the negative emotional consequences of sex;
- discuss self-respect and its role in abstinence.

Media Video Segment 1A: "What Teens Think About Sex" (7 minutes)
Video Segment 1B: "Why Do I Hurt Inside?" (5 minutes)

Day 2 **Choosing The Best PATH - The Risks of STDs and HIV/AIDS**

Lesson Students will:

- hear from young people who have contracted a sexually transmitted disease;
- learn about the most common sexually transmitted diseases;
- participate in an exercise that demonstrates how STDs are spread;
- discuss the character trait of compassion and how it relates to people in need.

Media Video Segment 2: "It Couldn't Happen to Me" (6 minutes)

Day 3 **Choosing The Best PATH - Teen Pregnancy and "Safe Sex"?**

Lesson Students will:

- hear others talk about how a pregnancy changed their lives;
- learn about teen pregnancy;
- learn about the circumstances of a couple who becomes pregnant;
- discuss if "safe sex" is really safe enough;
- discover how responsibility relates to sexual activity.

Media Video Segment 3: "Growing Up Too Quickly" (6 minutes)

GRADE SEVEN (continued)

Day 4 **Choosing The Best PATH - Pressure to Be Sexually Active**

Lesson #1 Students will:

- hear other teenagers talk about how they have been pressured to have sex;
- identify the four major pressures to have sex;
- participate in activities to understand how pressure can influence behaviors;
- understand the role of alcohol in influencing teenagers;
- discuss respect and how it relates to not pressuring others.

Media Video Segment 4: "Where's the Pressure Coming From?"(6 minutes)

Day 4 **Choosing The Best PATH - Set It! The Need for Boundaries**

Lesson #2 Students will:

- hear young people talk about how to have the best relationships;
- discuss the difference between love and sex;
- work in groups to consider what guys and girls look for in a date;
- discover the difference between love and infatuation;
- watch an exercise about boundaries;
- learn how to set boundaries;
- discuss the character trait of self-discipline and how it relates to setting boundaries.

Media Video Segment 6: "Developing the Best Relationships" (3 minutes)

Day 5 **Choosing The Best PATH - Choosing the Best path**

Lesson Students will:

- hear teens and young adults share why they are choosing abstinence until marriage;
- discuss abstinence;
- consider the reasons to be abstinent until marriage;
- participate in an activity to illustrate the benefits of abstinence until marriage;
- have an opportunity to sign an abstinence pledge.

Media Video Segment 5: "Choosing Abstinence Until Marriage" (5 minutes)

GRADE SEVEN (continued)

Day 6 **Choosing The Best PATH - Say It! The Need to Speak Up** **Lesson #1** Students will:

- hear young people share about how to speak up;
- discuss how “lines” are used to influence others;
- learn four skills to help say NO
- participate in role-play activities to apply these skills;
- explore the role of courage in choosing abstinence.

Media Video Segment: “Learning How to Say ‘NO’” (3 minutes)

Day 6 **Choosing The Best PATH - Show It! The Need to Be Assertive** **Lesson #2** Students will:

- watch teens demonstrate assertiveness;
- discuss the video and how the teenagers responded to pressure;
- learn what it means to be assertive;
- participate in role-plays demonstrating the four Say It! Skills;
- evaluate *Choosing the Best PATH*.

Media Video Segment 8: “Being Assertive” (3 minutes)

GRADE EIGHT

Day 1 Choosing The Best LIFE - Sex, Emotions and Self-Respect

Lesson #1 Key points are:

- girls and guys can view sex differently;
- teens can misuse sex to meet emotional needs;
- premarital sex can have negative emotional consequences;
- abstinence can strengthen self-respect.

Media Video Segment 1: “Guys vs. Girls” (5 minutes)

Day 1 Choosing The Best LIFE - Sex, Alcohol and Respect

Lesson #2 Key points are:

- alcohol increases the risk of casual or unwanted sex;
- alcohol creates unique risks for teens;
- alcohol can kill – now and later.

Media Video Segment 2: “Sex and Alcohol Don’t Mix” (6 minutes)

Day 2 Choosing The Best LIFE - Sex, STDs and Honesty

Lesson Key points are:

- STDs can lead to serious health consequences;
- sexually active teens are at risk to contract an STD
- “safe sex” is not safe enough – and does not eliminate the risk of STDs.

Media Video Segment 3: “A Visit to Microbiology Lab” (3minutes)

Day 3 Choosing The Best LIFE - Sex, Pregnancy and Responsibility

Lesson Key points are:

- teen pregnancy is a significant problem;
- abstinence is the only way to eliminate the risk of pregnancy;
- the consequences of teen pregnancy changes lives.

Media Video Segment 4: “Nicole and Raoul” (6 minutes)

GRADE EIGHT(continued)

Day 4 Choosing The Best LIFE - Sex, HIV/AIDS and Compassion

Lesson Key points are:

- HIV/AIDS is a devastating disease that has no cure;
- HIV/AIDS can be contracted through sexual activity;
- abstinence eliminates the risk of contracting HIV/AIDS sexually.

Media Video Segment 5: “A Life-Changing Visit to an AIDS clinic” (9 minutes)

Day 5 Choosing The Best LIFE - Sex, Love and Choices

Lesson Key points are:

- all choices have consequences;
- abstinence can bring freedom;
- there is a difference between infatuation and real love;
- abstinence can help teens reach their goals.

Media Video Segment 6: “Choosing Abstinence” (4 minutes)

Day 6 Choosing The Best LIFE - Sex, Limits and Self-Discipline

Lesson #1 Key points are:

- teens can feel pressure to have sex from five primary sources;
- teens can “Set It!” Say It! Show It!” to become pressure proof;
- teens can learn to respond verbally to sexual pressure.

Media Video Segment 7: “Dealing with Pressure” (5 minutes)

Day 6 Choosing The Best LIFE - Sex, Saying “NO” and Courage

Lesson #2 Key points are:

- teens can stand up to sexual pressure;
- teens can say “no” with positive results by using “Yes-No-Yes”;
- practice helps teens learn to handle pressure-filled situations.

Media Video Segment 8: “Taking A Stand” (4 minutes)

TEMPE SCHOOL DISTRICT NO. 3 HUMAN GROWTH AND DEVELOPMENT EDUCATION PROGRAM

Revision Committee Members

Beth Jensen	Math/Science/Human Growth & Development/Summer School Program Coordinator, Tempe School District No. 3
Denise Allen	Nurse, Tempe School District No. 3
Nora Campbell	Administrative Assistant for Math/Science/Human Growth & Development, Tempe School District No. 3, Parent
Tracey Feijt (Brown)	Injury Prevention Coordinator, Cardon Children's Medical Center in Mesa
Cheryl Foster	Community Member
Barb Fries	Counselor, Tempe School District No. 3
Sarah Galloway	Science Teacher, Tempe School District No. 3
Stan Hovey	Community Member
Noemi Hurtado	Administrative Assistant for Early Childhood Education, Tempe School District No. 3, Parent
Linell James	Counselor, Tempe School District No. 3
Lynn Kellogg	Administrative Assistant for Film Library, Tempe School District No. 3
Carol Kendall	Parent, Community Member
Sandy Liberman	Science teacher, Tempe School District No. 3